



Rapid Acting ~ 4 hours Onset: 15 minutes Peak: 1 hour

- Aspart (Novolog)
- Lispro (Humolog)



MeALtime Insulin!

Short Acting ~ 6 hours Onset: 30 minutes Peak: 2 hours

- Humulin R
- Novolin R

Intermediate Acting ~ 12 hours Onset: 30 minutes - 3 hours NO PEAK

Humulin NPHNovolin NPH

Used with *rapid acting or short acting* insulin!

Long Acting ~ 24 hours Onset: 30 minutes - 3 hours Peak: ~8-15 hours

Glargine (Lantus)Detemir (Levemir)



REMEMBER!

Used with *rapid acting or short acting* insulin!

Pre-mixed: 70/30 Combination of short and intermediate acting